

"The Tongue"

Subject: "How to Communicate in Your Marriage"

TUESDAY, JANUARY 23rd, 1990

- The four musts of a marriage (Genesis 2: 24-25):—
 - Severance; "A man shall leave his father and mother".
 - Permanence: "And be joined to his wife".
 - Unity; "And they shall become one flesh".
 - Intimacy; "And they were both naked, the man and his wife, and were not ashamed".
- The vital foundations of a good marriage (1 Peter 3: 1-9):—

Wives:

 - Behaviour (1 Peter 3: 2).
 - Appearance (1 Peter 3: 3-4).
 - Attitude (1 Peter 3: 3-4).
 - Response (1 Peter 3: 5-6).

Husbands:

 - Live with your wife (1 Peter 3: 7).
 - Know your wife (1 Peter 3: 7).
 - Honour your wife (1 Peter 3: 7).
- How to have a good fight! (Ephesians 4: 25-32):—
 - Keep it honest (v. 25).
 - Keep it under control (v. 26 and Proverbs 18: 14, 19).
 - Keep it timed right (v. 26-27).
 - Keep it positive (v. 28).
 - Keep it tactful (v. 29).
 - Keep it private (v. 31).
 - Keep it cleaned up (v. 32).
- Reckless talk: The poison of a marriage. Your marriage is being poisoned if:—
 - Reckless remarks are frequently made.
 - Reckless remarks are focussed on your partner's sensitivities.
 - You often boast about the partners of others who can do things you wish your partner could do.
 - When depreciating remarks don't get the "proper" response you try them out on friends and acquaintances.
 - Your partner "tunes you out", partially or completely so that he or she doesn't have to listen to the sensitive areas of concern.

P.T.O.



"A relationship is as good as its communication is clear. A marriage is as strong as its communication is honest. A family is as healthy as its communication is open".
(David Augsburger)